

Home Visiting for New and Expecting Families

New Mexico

What are Home Visiting programs?

Home Visiting programs are free and voluntary informational, educational, developmental and support services provided by trained professionals for families who are expecting, or who have children who have not entered kindergarten. Each program follows a specific curriculum model. Home visiting programs:

- Support parents and families to have a healthier pregnancy
- Help parents understand their role as their child's most important teacher
- Visit families in their home or an alternative location at the family's request and convenience
- Connect families to a variety of resources in the community

Why are home visitors important?

Nurturing parent-infant/toddler interactions are critical to the developing child in all areas of growth. A positive early experience leads to greater success during the school years. What a child experiences in their first years of life makes a big difference in how their brain will develop and how they will interact with the world throughout their life.

Who is eligible?

Most programs serve expectant parents through early childhood. Eligibility requirements vary from one program to the next. Most programs provide services for all families, including teen parents, grandparents raising an infant, adoptive parents, or family/court arranged placement. Some programs focus on first-time parents, low-income families or those in specific geographic areas. Certain programs require enrollment during pregnancy.

How to enroll with a home visiting program:

Expectant mothers or families can either enroll themselves or be referred by another family member, friend or professional to a Home Visiting program. For statewide programs and providers, contact New Mexico Kids Resource and Referral.

For additional resources and to read more about Home Visiting programs, visit the websites and video links provided on the right side of the page.

Remember:

- Home Visiting programs are free and voluntary.
- Home Visiting programs serve parents and families around the state of New Mexico.
- For a list of Home Visiting programs in New Mexico, visit the Information Network website under Informational Tip Sheets.



Statewide Home Visiting Resources
pulltogether.org/home-visiting

New Mexico Kids Resource & Referral
Referrals to Home Visiting and childcare providers
1-800-691-9067
newmexicokids.org

Home Visiting Video
Nurse Family Partnerships
cdd.unm.edu/echfs/NFP.html

New Mexico Home Visiting Agencies by County
pulltogether.org/home-visiting/find-a-home-visiting-program-1

Free App and Health Information
text4baby.org/

Questions?

Call the CDD Information Network
1-800-552-8195
or visit our website at
www.cdd.unm.edu/infonet
Informational Tip Sheets:
www.cdd.unm.edu/infonet/tip-sheets.html